

# Dr Kenny Rao MBBS MS FRACS (Urol)

## Personal Details

Phone: (07) 48823111; (03) 70479410

Email: [kennyraourology@gmail.com](mailto:kennyraourology@gmail.com)

Web: [www.kennyraourology.com](http://www.kennyraourology.com)

## Clinical Experience

**2024 – Consultant Urologist**

**Current** Monash Health

**2022 – Consultant Urologist**

**Current** Dr Kenny Rao Urology

- Mater Private Hospital Mackay
- Mater Private Hospital Pimlico Townsville
- Pindara Private Hospital Gold Coast

**2020 - 2021 Consultant Urologist**

Mackay Base Hospital 2020-2021

**2019 - 2020 Fellowship**

St Vincent's Hospital Melbourne

Peter MacCallum Cancer Centre

**2014 - 2019 SET 1- SET 5 Urology**

Eastern Health, Ballarat Hospital, Monash Health, NSW Health,  
Alfred Health

**2012 - 2014 Masters of Surgery**

University of Melbourne

**2009- 2012 The Austin Hospital**

Clinical school

## Presentations

- 2019**      **Zinc preconditioning protects the rat kidney against ischemic injury**  
Urology Association of Asia Annual Scientific Meeting, Kuala Lumpur, Malaysia
- 2017**      **Impact of PSMA PET CT on the pre-operative management of prostate cancer: The Monash experience**  
USANZ 70<sup>th</sup> Annual Scientific Meeting, Canberra.  
Moderated poster
- 2014**      **Zinc preconditioning protects the rat kidney against ischemic injury**  
European Association of Urology (EAU) Annual Congress, Stockholm, Sweden.  
Moderated poster
- 2014**      **The effect of clinical stage and lesion complexity on the practice of surgery for renal cell carcinoma in the state of Victoria**  
USANZ 67<sup>th</sup> Annual Scientific Meeting, Brisbane.  
Moderated poster
- 2014**      **Zinc preconditioning protects the rat kidney against ischemic injury**  
USANZ 67<sup>th</sup> Annual Scientific Meeting, Brisbane.  
Villis Marshall Prize poster and oral presentation
- 2014**      **Choosing the best surgical approach for T1b renal cell carcinoma**  
USANZ 67<sup>th</sup> Annual Scientific Meeting, Brisbane.  
Moderated poster
- 2014**      **Pathology of renal cell carcinoma in the state of Victoria**  
USANZ 67<sup>th</sup> Annual Scientific Meeting, Brisbane.  
Moderated poster
- 2013**      **Impacts of a Uro-Oncology Multidisciplinary Meeting on Clinical Decision Making**  
5th European Multidisciplinary Meeting on Urological Cancers (EMUC), Marseille, France.  
Moderated Poster
- 2013**      **Impacts of a Uro-Oncology Multidisciplinary Meeting on Clinical Decision Making**  
ANZUP Annual Scientific Meeting, Gold Coast, Australia. Plenary Session
- 2013**      **Impacts of a Uro-Oncology Multidisciplinary Meeting on Clinical Decision Making**  
American Urological Association Annual Meeting, San Diego, USA.  
Moderated poster

- 2013**      **Impact of an Uro-Oncology Multidisciplinary Meeting on clinical decision-making**  
USANZ 66<sup>th</sup> Annual Scientific Meeting, Melbourne, Australia.  
Plenary Session and Panel of experts member.
- 2012**      **Impact of an Uro-Oncology Multidisciplinary Meeting on clinical decision-making**  
USANZ Urology State Meeting, Bendigo, Australia
- 2007**      **The Mangled Leg**  
Trauma Forum at Royal Melbourne Hospital, Melbourne, Australia

## Publications

- 2018**      Sethi K, Rao K, Bolton D, Patel O, Ischia J, Baldwin G. *Targeting HIF-1a to prevent renal ischemia-reperfusion injury: Does it work?*. Int J Cell Bio. 2018 Nov Vol 2018 Article ID 9852791, 7 pages, 2018.
- 2017**      Rao K, Sethi K, Ischia J, Gibson L, Galea L, Xiao L, Yim M, Chang M, Papa N, Bolton D, Shulkes A, Baldwin GS, Patel O. *Protective effects of zinc preconditioning against renal ischemia reperfusion injury is dose dependant*. PLoS One. 2017 Jul 7;12(7).
- 2015**      Satasivam P, Reeves F, Rao K, Ivey Z, Basto M, Yip M, Roth H, Grummet J, Goad J, Moon D, Murphy D, Appu S, Lawrentschuk N, Bolton N, Kearsley J, Costello A, Frydenberg M. *Patients with medical risk factors for chronic kidney disease are at increased risk of renal impairment despite the use of nephron-sparing surgery*. BJUI Int. 2015 Oct; 116(4):590-5.
- 2014**      Rao K, Manya K, Azad A, Lawrentschuk N, Bolton D, Davis ID, Sengupta S. *Uro-oncology multidisciplinary meetings at an Australian tertiary referral centre- impact on clinical decision-making and implications for patient inclusion*. BJUI. 2014 Jul; [Epub ahead of print]
- 2014**      Satasivam P, Thomas R, Rao K, Jack GS, Lawrentschuk N, Bolton DM. *Fragmentation of transrectal ultrasound-guided biopsy cores is influenced by the method of specimen retrieval*. Urology. 2014 Mar; 83(3): 622-5.
- 2014**      P. Satasivam, K. Rao, F. Reeves, M. Basto, Z. Ivey, M. Yip, H. Roth, J. Grummet, J. Goad, S. Appu, J. Kearsley, D. Moon, D. Murphy, N. Lawrentschuk, A. Costello, D. Bolton, M. Frydenberg, Victorian Renal Cell Carcinoma Collaborative Group. *The presence of risk factors for chronic kidney disease may diminish the benefit of partial nephrectomy for renal cell carcinoma*. European Urol Supplements, April 2014; 13 (1): e652.
- 2014**      K. Rao, M. Yim, D. Bolton, L. Galea, G. Balwin, A. Shulkes, O. Patel. *Zinc preconditioning protects the rat kidney against ischemic injury*. European Urol Supplements, April 2014; 13 (1): e914.

- 2014** Rao K, Manya K, Azad A, Davis I, Lawrentschuk N, Bolton D, Sengupta S. *USANZ: Uro-Oncology Multi-Disciplinary Meeting at an Australian tertiary referral center- Impact on clinical decision making and implications for patient inclusion*, BJU-2013-1771.R1
- 2013** K. Rao, K. Manya, A. Azad, D. Bolton, N. Lawrentschuk, I. Davis, S. Sengupta. *Impacts of a prospective Uro-Oncology multi-disciplinary meeting on clinical decision-making*. European Urol Supplements, Nov 2013; 12 (6): 167.
- 2013** Rao K, Sengupta S, Manya K, Lawrentschuk N, Bolton DM. *Impacts of a uro-oncology multidisciplinary meeting on clinical decision making*. J Urol, 2013; 189(4S): e174-e175
- 2011** Satasivam, P, Rao, K, Guggenheimer, K, Stanton, R, Sowter, S, Sengupta, S, Bolton, D, *The effect of hypertension and diabetes on the degree of renal function deterioration post unilateral nephrectomy*, BJU Int, 2011 Nov; 108(9): 1508-12.

#### Prizes/ Awards

- 2019** **UAA 2<sup>nd</sup> Best oral presentation**  
Kuala Lumpur, Malaysia
- 2014** **USANZ 67<sup>th</sup> ASM Villis Marshall Award**  
Brisbane, Australia
- 2014** **ANZUP best Trainee Poster**  
Melbourne, Australia
- 2014** **ANZUP/Bayer Travel Fellowship**  
Melbourne, Australia
- 2013** **USANZ Victoria Section Travel Grant**  
Cape Schanck, Australia
- 2013** **ANZUP/Bayer Travel Fellowship**  
Gold Coast, Australia

## Education

- 2012-2014**      **University of Melbourne**  
Masters of Surgery  
*"Preconditioning of protective genes in renal tissue to prevent irreversible hypoxic injury"*
- 2003-2008**      **University of Melbourne**  
Bachelor of Medicine, Bachelor of Surgery, Bachelor of Medical Science  
Clinical School: Austin Health & Northern Health
- 2005-2006**      **Advanced Medical Science (B.Med.Sc)- Result H1**  
*"Clinical practice guidelines for the decision to amputate or salvage a mangled lower extremity"*  
Royal Melbourne Hospital  
Supervisor: A/Prof Martin Richardson
- 2007-2008**      **Medical Elective**  
Christian Medical College, Vellore, India  
Rotations in Plastic surgery, General surgery and Rural medicine
- 1999-2002**      **Melbourne High School**  
Dux 2002